



# Make Pittsburgh Even Cooler in September:

Go green when you go back to school; save energy with your computer and appliances!

This September, go green when you go back to school by buying recycled back-to-school products. You can also help reduce global warming pollution by applying ENERGY STAR computer settings and by buying ENERGY STAR appliances for your home, dorm, or office.

- **Go green when you go back to school**

According to the Agriculture Council of America, each person uses about one tree, 100 feet tall and 16 inches wide, to meet her/his wood and paper needs every year. Think about how much you could save by using recycled school supplies instead. Shop online or at any office supply store for products made out of recycled wood, paper, plastic, metal, or even denim. Challenge yourself to go back to school with all recycled materials. Doing so can prevent up to 113 pounds of heat-trapping gases each year.

Look for these brands in stores:

- TerraCycle (at OfficeMax) – Binders, backpacks, folders, notebooks, pens and pencils
- Greenroom Eco<sup>®</sup> (at Target) – notepads, notebooks, binders, journals, clipboards, and folders
- 100% Recycled Envirocopy computer paper (at Office Depot)
- Paper Mate<sup>®</sup> EarthWrite recycled pencils

- **Apply ENERGY STAR<sup>®</sup> settings to your computer**

ENERGY STAR recommends that you set your computer to automatically stand-by or hibernate after 30 to 60 minutes of inactivity. You can save even more energy and money by lowering this time to 5 to 20 minutes. Each year, these settings can save you over \$75 and will prevent 923 pounds of heat-trapping gases from going into the air. ENERGY STAR settings come with all Windows and Macintosh operating systems. It's easy to do – just visit this link for instructions:

- <http://www.climatesaverscomputing.org/learn/saving-energy-at-home/> - Under “Power Management Instructions” select your version of Windows or Macintosh.

- **Buy ENERGY STAR appliances**

If you're looking to save more energy and money in your home, choose ENERGY STAR qualified products. They're recommended by the U.S. Department of Energy and the EPA; use 10 to 50 percent less energy and water than regular appliances; and can save you an average of \$75 a year! Using ENERGY STAR qualified appliances will prevent about 4,040 pounds of heat-trapping gases every year. Check out the ENERGY STAR website for products – everything from televisions to dishwashers, refrigerators and ceiling fans – and look for the ENERGY STAR logo in stores:

- [http://www.energystar.gov/index.cfm?fuseaction=find\\_a\\_product](http://www.energystar.gov/index.cfm?fuseaction=find_a_product).

- **Track Your Progress**

Go to our website ([www.theblackandgoldcitygoesgreen.com](http://www.theblackandgoldcitygoesgreen.com)) and fill in the tracking form so we can measure how much we're all cutting our heat-trapping gases. No computer? No problem. Call us at 412-258-6680 or fill in one of the postcards available throughout the city.